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BRATTON PULLS THE PIN

New York police commissioner announces retirement amid corruption scandals, protests. 2

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3 THINGS YOU NEED TO KNOW

REPUBLICAN LAWMAKER SAYS HE WILL BACK HILLARY CLINTON

A Republican lawmaker in Congress became the first to break with the party and support Democrat Hillary Clinton for the White House on Tuesday amid signs of growing Republican unease with volatile presidential nominee Donald Trump. The break by Rep. Richard Hanna of New York followed days of uproar over Trump's criticism of the parents of a Muslim U.S. Army officer killed in the Iraq war, which has fueled a fresh round of Republican rebukes of the New York businessman. Illustrating the escalating tension between the candidate and the party, Trump pointedly thanked the primary opponent of Republican House of Representatives Speaker Paul Ryan on Monday for his "kind words" after Ryan had issued a statement saying the sacrifice of the parents, Khizr and Ghazala Khan, should be honored. REUTERS

CONSUMER SPENDING EXITS SECOND QUARTER WITH STRONG MOMENTUM

2 U.S. consumer spending rose more than expected in June as households bought a range of goods and services, showing underlying strength heading into the third quarter. Despite healthy consumer spending, Tuesday's Commerce Department report showed inflation still muted. Economists say this, together with weak business spending and second quarter economic growth, could encourage a cautious Federal Reserve to keep interest rates at low levels for a while. "The continued buoyancy in consumption expenditures points to a favorable handoff to the third quarter, but the soft price pressures add to the narrative of the weakening inflationary backdrop," said Millan Mulraine, deputy chief economist at TD Securities in New York. REUTERS

NEW INSTAGRAM FEATURE MAKES CONTENT DISAPPEAR IN 24 HOURS

3 Instagram, the photo-sharing app owned by Facebook, is taking aim at fast-growing messaging app Snapchat with a new feature that gives users the option to make pictures and videos to disappear automatically after 24 hours. The feature, Instagram Stories, will showcase pictures and videos uploaded by a user in a slideshow format, Instagram said in a blog post on Tuesday. Snapchat, which has more 100 million users, is known for automatically making postings disappear after 24 hours. However, the privately owned company released a feature in July called "Memories" that enables users to save and share content. REUTERS

Bratton, left, and O'Neill at the news conference GETTY IMAGES

Bratton makes exit; neighborhood policing program continues

Police Commissioner Bill Bratton and Mayor Bill de Blasio stated that his departure had nothing to do with any NYPD-related corruption scandals or protests about the department.

JASON NUCKOLLS
@MetroNewYork
jason.nuckolls@metro.us

NYPD Police Commissioner Bill Bratton will retire in September, leaving behind a team to further the department's policy of neighborhood policing that has been a key element of his 31 months as commissioner.

On Tuesday, Mayor Bill de Blasio announced that Bratton will retire from his position next month and be replaced by current Chief of Department Jimmy O'Neill, an NYPD veteran with more than 30 years of experience who began his career patrolling the A and D trains during overnight hours.

"As the architect of our neighborhood policing program, Jimmy O'Neill has built a national model for bringing police and the community together to fight crime," de Blasio said. "Our next police commissioner's decades of experience make him uniquely qualified to continue building on these incredible public safety achievements."

"Our next police commissioner's decades of experience make him uniquely qualified to continue building on these incredible public safety achievements."

De Blasio

The Wall Street Journal reported that Bratton be joining Teneo, a private consulting firm.

De Blasio and Bratton stated that his departure had nothing to do with any NYPD-related corruption scandals or protests about the department.

An anti-police violence group, Millions March NYC, held a rally Monday outside City Hall demanding Bratton's resignation and the abolishment of the NYPD.

"I cannot thank the mayor enough for his confidence in this team," Bratton said of de Blasio, complimenting the mayor for his support of the NYPD during his time as commissioner, adding that the police were able to "redefine our role from being *the* police to being *your* police."

New York's police department shifted toward a more community-oriented, neighborhood policing strategy under Bratton's leadership, a trend that de Blasio said would be in place in 51 percent of precincts and 100 percent of public housing commands starting this fall.

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Citi Bike rolls out new stations

Citi Bike is expanding on the Upper East Side and Upper West Side.

ARIELLE KAPLAN
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A man rides a Citi Bike. MILES DIXON

140
NEW CITI BIKE DOCKING STATIONS BEING INSTALLED IN MANHATTAN

600
TOTAL DOCKING STATIONS BY THE END OF THE YEAR

10K
CITI BIKES BY END OF THE YEAR

Citi Bike started rolling out its expansion on the Upper West Side and Upper East Side Tuesday with the installation of new docking stations.

Twenty-eight new stations will be installed uptown, from 85th to 100th streets, with additional stations to follow in Brooklyn. New stations are now open at East 88th Street/Park Avenue, East 88th Street/5th Avenue, West 87th Street/Amsterdam Avenue and West 87th Street/West End Avenue in Manhattan.

Along with the new expansion, Citi Bike also announced it is offering $25 off of annual memberships.

Mayor Bill de Blasio when making the announcement said he believes bringing Citi Bike to the Upper East Side and Upper West Side shows how much work is still in store for Manhattan.

"Citi Bike is a new transit option with the capacity to empower communities and fight inequality, so we are committed to bringing these docking stations further uptown to an even wider and more diverse audience — which I am proud to say is what we will be doing in the months ahead," he said in a statement.

Citi Bike expansion map PROVIDED

This round of expansions will add a total of 140 docking stations, with additional expansion in Brooklyn, according to the city.

By the end of this year, Citi Bike will have more than 600 docking stations and 10,000 bikes. By 2017, the system will double in size to 12,000 bikes since in its initial launch in 2013.

"This new expansion of Citi Bike will bring it to neighborhoods that are hungry for bike share," said Council Member Mark Levine. "The initial rollout of the program left low-income neighborhoods underrepresented, and I'm extremely pleased that under new management and with the leadership of this administration we are taking steps to rectify that. Expanding to 110th Street is a great additional step in scaling Citi Bike all across our city."

SHOOTING

Brooklyn man killed, girlfriend injured in overnight shooting

A Brooklyn shooting left one man dead and his girlfriend hospitalized after the duo was shot while sitting in a double-parked car on a residential street.

Around 1 a.m. on Tuesday, police arrived at 675 Halsey Street in Bed-Stuy after receiving a 911 call reporting a shooting, authorities stated. When they arrived, officers found two people shot inside a black Mercedes Benz on the street.

The man, 33-year-old Ernest Brown of Brooklyn, was taken to Interfaith Hospital, where he was pronounced dead, officials added. He had been shot in the head and torso.

The passenger, Brown's 22-year-old girlfriend, was shot in the torso and taken to Kings County Hospital in stable condition, the New York Daily News reported, adding that the shooting suspect was wearing a blue hoodie.

Halsey Street GOOGLE MAPS

The investigation remained ongoing, and no arrests have been made, police stated.

Anyone with information should call the NYPD Crime Stoppers hotline at 1-800-577-TIPS or, for Spanish, 1-888-57-PISTA. The public can also submit tips by logging on to NYPDCrimeStoppers.com. JASON NUCKOLLS

'Work from the Park' on Friday

If you're sick of watching the summer days go by from your office window — if you're lucky enough to sit near a window — the Brooklyn Chamber of Commerce and AT&T have teamed up to offer an "outdoor workspace" in Dumbo on Friday.

Bring your laptop or other wireless device, grab a workstation at Fulton Ferry Landing at Pier 1 in Brooklyn Bridge Park (enter via Old Fulton Street at Furman Street) during "Work from the Park Day" and grub on some free eats from 8:30 a.m. to 3 p.m.

If you go

Work from the Park Day
8:30 a.m. to 3 p.m.
Brooklyn Bridge Park

Amenities will include communal work tables, high counters, low benches and two tented areas for shade. Free food and drinks will be provided by local vendors: Lizzmonade (lemonade, iced tea, iced coffee), Ample Hills Creamery (ice cream) and Brooklyn Bridge Garden Bar (sliders).

Can't make it on Friday? Brooklyn Bridge Park is only one of about two dozen Wi-Fi hot spots in NYC parks with free Wi-Fi available 24/7. To check out any battery charging port or free Wi-Fi area in the city — even if you don't use AT&T as your carrier — head to AT&T's wireless map online.

AT&T Street Charge units were introduced in 2013 in response to power and connection issues New Yorkers experienced in the wake of Hurricane Sandy, the Parks Department said in May.

The solar-powered units operate in all weather conditions and are available throughout the summer and fall in the five boroughs.

The Free Wi-Fi in the Parks initiative, launched in 2011, has been extended for another five years.

"The renewal of our partnership with AT&T, expanding free Wi-Fi and charging stations to more of our parks this summer and fall, furthers Parks' commitment to utilizing technology to serve parkgoers citywide," NYC Parks Commissioner Mitchell J. Silver previously said.

KIMBERLY M. AQUILINA

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Cuomo announces plan to combat Zika in subways

Less than a week after the first mosquito-borne Zika transmission was confirmed on the U.S. mainland, New York is taking a series of "aggressive" actions to battle the virus in the state.

At the center of the plan is the New York City subway system, which is full of standing water — a breeding ground for mosquitoes. According to Gov. Andrew Cuomo's office, the insects lay eggs in or near water, where their offspring will grow before emerging as adults, biting and possibly infecting humans.

"The Zika virus remains a dangerous public health threat, and New York state continues to pursue every possible measure to combat it," Cuomo said. "By enlisting the cooperation of state agencies and New Yorkers, we are taking aggressive action to help reduce the prevalence of mosquito breeding grounds across the state and stop this disease at its source. As the Zika situation continues to evolve, we will remain vigilant and strengthen our prevention efforts to safeguard the public health and safety of all New Yorkers."

Officials battle the Zika virus in the subway using methods such as mosquito-killing pellets. GOV. CUOMO'S OFFICE

The MTA and state Department of Health are targeting 36 locations, focusing on increasing drainage within the stations. They'll also deploy larvicide tablets to standing water, place new traps to monitor the mosquito population, particularly the Aedes albopictus mosquito.

The Zika virus is transmitted primarily by the Aedes aegypti mosquito in South and Central America, but there have been cases of the virus being sexually transmitted. Although the Aedes aegypti mosquito is not present in New York, a related species named Aedes albopictus is active in the downstate region, according to officials. Scientists have not yet determined if Aedes albopictus transmits Zika. Aedes albopictus is just 3 to 5 percent of the total population of mosquitoes in the state and one of 70 species.

"Some 13 million gallons of water enters the subway system every day, from precipitation, intrusion of groundwater and even the water we use to power-clean platforms. But the serious threat of virus-carrying mosquitoes makes it even more important that we have clean, functioning drains and adequate pump equipment, aggressive inspection and pumping schedules to remove standing water," Tom Prendergast, MTA chairman and CEO said.

The Zika plan for NYC's subways follows a Sunday report in the New York Post which said the "warm, wet summer and mild winter" was causing a jump in mosquitoes.

In addition to Zika concerns, the Post brought up West Nile, which has already reached the region.

"The subway system is likely infested with Culex pipien mosquitoes, which 'are often found breeding in foul and stinky, stagnant pools of water,' said Tom Daniels of Fordham University's biological research center. The breed tested positive for West Nile Virus this summer, according to the city Health Department," the Post wrote.

Zika can cause a rare disorder called Guillain Barré Syndrome, which can lead to temporary paralysis, but the largest concern is for pregnant women. The virus can also cause a birth defect known as microcephaly in babies of mothers who are infected with the virus while pregnant.

On Monday, the CDC issued a travel advisory for a certain section of Miami, where the number of confirmed cases of Zika transmission from local mosquitoes recently rose to 14. Currently, there have been 537 confirmed cases of Zika statewide — 532 of travel-related and five sexually transmitted. CRISTABELLE TUMOLA

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Typhoon Nida shuts Hong Kong, more than 150 flights canceled

Hong Kong's first major typhoon this year brought gusts of more than 62 mph and prompted authorities to issue an amber warning, signifying heavy rain.

Typhoon Nida swept through Hong Kong on Tuesday, shutting down most of the financial hub and disrupting hundreds of flights with gale-force winds, while low-lying areas were put on flood alert.

More than 150 flights were canceled, the Airport Authority said, with Cathay Pacific and Dragonair warning that none of their flights would be operating until 2 p.m. at the earliest.

Thousands of passengers were stranded at the airport and about 325 flights are expected to be rescheduled.

The city's ferry, tram and bus services gradually resumed in the afternoon after the Hong Kong Observatory lowered the tropical cyclone warning to 3 from 8, shortly after midday.

Trading in Hong Kong Exchanges and Clearing Limited, including Shanghai-Hong Kong Stock Connect trading, and the derivatives market would be suspended for the rest of the day.

The Chinese Gold and Silver Exchange Society suspended trading on Tuesday morning.

Streets had been largely deserted and shops shuttered since Monday evening when the typhoon signal 8 was hoisted, prompting many people to leave work early.

Nida was moving inland and winds near its center had showed signs of weakening, the Hong Kong Observatory said.

Across the border, part of Guangdong province closed offices, factories and schools as the typhoon swept across the southern part of the metropolis of Guangzhou.

Airports in the southern part of the province, including Shenzhen and Zhuhai, canceled most flights while more than 35,000 people were evacuated, state media reported.

Last month, Typhoon Nepartak drove at least 420,000 people from their homes and caused more than $1.1 billion losses in China's Fujian province alone. REUTERS

Typhoon Nida, with its gale-forced winds, uprooted this tree in the southern Chinese city of Shenzhen, in Guangdong province, on Tuesday. GETTY IMAGES

People struggle to control their umbrellas in Hong Kong. GETTY IMAGES

BRIEF

Man charged with sexually touching sleeping Virgin America passenger

A male Virgin America passenger has been criminally charged with sexually touching a sleeping female passenger on an overnight flight to Newark, New Jersey, from Los Angeles last week, federal prosecutors said on Tuesday.

Veerabhadrarao Kunam, 58, of Visakhapatnam, India, was charged with one count of abusive sexual conduct aboard Flight 170 which departed on July 29, U.S. Attorney Paul Fishman in New Jersey said.

Fishman said the defendant was arrested on July 30 when his flight arrived, and was released on $50,000 bond following a Monday court appearance in Newark federal court.

Alexander Spiro, a lawyer at Brafman & Associates representing Kunam, declined to comment.

According to the complaint, Kunam was seated in an aisle seat when the victim, who was sleeping next to him in a middle seat, awoke to find his hands massaging her vaginal and buttocks areas, and the defendant rubbing his bare feet against hers. REUTERS

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BRIEF

Delaware's top court strikes down death penalty statute
Delaware's top court struck down the state's death penalty statute, arguing that it grants judges powers that juries should wield and that it is unconstitutional.

The 3-2 Delaware Supreme Court decision came in the case of Benjamin Rauf, who was charged with first-degree murder and robbery and being in possession of a firearm during the crimes. Prosecutors have been seeking the death penalty against Rauf.

The judges determined that since the state's death penalty law allows a judge to sentence a convict to death independent of a jury and also allows a jury to hand down a death sentence without a unanimous verdict, it violated the U.S. Constitution.

"Put simply, the Sixth Amendment right to a jury includes a right not to be executed unless a jury concludes unanimously that it has no reasonable doubt that is the appropriate sentence," the 92-page ruling said.

"Throughout our history, capital sentencing has been a 'responsibility traditionally left to juries,' and the decision of whether a 'fellow citizen should live or die' has been considered a responsibility too great for any one person to make alone," the ruling said.

Delaware Governor Jack Markell, a Democrat, applauded the ruling.

"The use of capital punishment is an instrument of imperfect justice that doesn't make us any safer," Markell said in a statement. "It is my hope that today's decision will mean that we never see another death sentence in our state."

Delaware Department of Justice spokeswoman Nicole Byers said the office was reviewing the decision.

REUTERS

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White House directs agencies to consider climate change impacts

A coal burning plant in Conesville, Ohio GETTY IMAGES

U.S. federal agencies will be required to disclose whether their actions and decisions will have an impact on climate change, the White House announced Tuesday.

The White House Council on Environmental Quality (CEQ) finalized an update after nearly six years of consultations of the National Environmental Policy Act (NEPA), a Nixon-era statute that called on officials to weigh the environmental effects of projects such as highways, dams or oil drilling.

The update takes NEPA a step further by requiring agencies such as the Interior Department to the Army Corps of Engineers to quantify greenhouse gas emissions in NEPA project reviews and to describe the potential climate change impacts.

"This increased predictability and certainty will allow decision makers and the public to more fully understand the potential climate impacts of all proposed federal actions," the CEQ said in a statement.

This would prompt agencies to consider alternatives or propose measures to mitigate the climate impacts of a project, it said.

Since the CEQ first proposed to modify NEPA in 2010 to include weighing climate change impacts, Republican lawmakers have discouraged the move saying it would be a way for the Obama administration to regulate carbon emissions without congressional approval.

President Barack Obama has used executive authority to use the federal Clean Air Act to regulate greenhouse gas emissions from power plants, oil and gas infrastructure, and energy development on public lands.

Rhea Suh, president of the Natural Resources Defense Council, said the CEQ's announcement is "a game-changer" that would ensure that federal agencies do not "approve mines that will destroy the climate, or bridges that will get washed away."

Conservation group The Wilderness Society said the CEQ guidance will ensure that decisions about whether to allow energy exploration or development on federal land do not contribute to climate change.

"Federal land management agencies should implement this guidance without delay, and use cutting-edge science to make climate-smart decisions," the group said.

REUTERS

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Donald Trump declines to endorse Ryan and McCain

Trump has troubled many Republicans with his often insulting style and controversial policies.

Donald Trump ratcheted up tensions in his Republican Party on Tuesday, denying leading figures support in their re-election bids, while his Democratic rival Hillary Clinton won her first endorsement from a Republican lawmaker.

The latest exchanges cast a shadow over the show of unity the party sought to project at the Republican National Convention that formally nominated Trump for president in July.

Interviewed by The Washington Post, Trump said he could endorse neither House Speaker Paul Ryan nor Sen. John McCain, both of whom face Republican challengers in primary votes in their states ahead of the Nov. 8 general election.

Both lawmakers had rebuked Trump over his feud with the family of a slain Muslim-American Army Captain Humayun Khan.

Mirroring the language Ryan used about supporting Trump before his eventual endorsement, Trump told the newspaper he was "not quite there yet" in endorsing Ryan, the highest-ranking elected Republican, in next Tuesday's Wisconsin primary.

Republican presidential nominee Donald Trump GETTY IMAGES

Trump praised Ryan's opponent, Paul Nehlen, for running "a very good campaign." Trump said Ryan had sought his endorsement, but that as of now he is only "giving it very serious consideration." REUTERS

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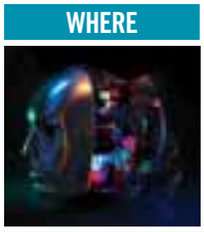
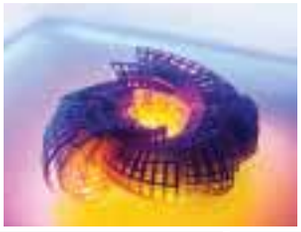
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Clinton extends lead over Trump to 8 percentage points: Reuters/Ipsos

Democratic Nominee for President of the United States former Secretary of State Hillary Clinton. GETTY IMAGES

Democratic presidential nominee Hillary Clinton extended her lead over Republican rival Donald Trump to eight percentage points, according to a Reuters/Ipsos poll released on Tuesday, from six points on Friday.

The bump for Clinton followed the Democratic National Convention in Philadelphia last week at which Clinton and her supporters painted an optimistic portrait of America, and came amid controversy over Trump's comments about the parents of a slain Muslim U.S. soldier.

About 43 percent of likely voters favor Clinton, 35 percent favor Trump, and 9 percent picked "Other," according to the July 28-Aug. 1 online poll of 1,289 likely voters. The poll had a credibility interval of 3 percentage points.

Trump has faced a barrage of criticism in recent days from political allies as well as opponents after he criticized the parents of U.S. Army Captain Humayun Khan, who was killed in Iraq in 2004.

Trump had a short-lived bump in the polls after the Republican National Convention in Cleveland in late July, when Reuters polling showed him slightly ahead of Clinton for the first time since May.

REUTERS

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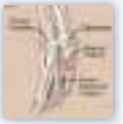
New Treatment For Heel Pain, Shockwave, PRP (platelet rich plasma) as seen on the front page of *The New York Times*



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Family of 'Star Trek' actor sues Fiat Chrysler over rollaway death

Actor Anton Yelchin's parents Irina Yelchin (L.) and Viktor Yelchin hold a press conference Tuesday at the Beverly Hills Marriott in Los Angeles regarding the accidental death of their son. GETTY IMAGES

The parents of the late "Star Trek" movie actor Anton Yelchin sued Fiat Chrysler for negligence and product liability over the rollaway crash of a Jeep Grand Cherokee that killed their son.

The lawsuit, filed in Los Angeles County Superior Court, is believed to be the first wrongful-death complaint linked to the Fiat Chrysler recall in April of more than 1.1 million cars and SUVs because of vehicles that roll away after drivers exit them.

Yelchin, 27, was killed June 19 when his 2015 Grand Cherokee, which was covered under the recall, rolled backward in the steep driveway of his Los Angeles home and crushed the actor against a brick wall and fence.

The lawsuit points to a transmission gear-selector design it describes as "defective" as being the cause of numerous driverless rollaway mishaps like the one that killed Yelchin.

The Russian-born actor, whose parents were both celebrated figure skaters in the former Soviet Union, was best known for playing the young starship navigator Pavel Chekov in the movie reboot of "Star Trek."

"In spite of our unbelievable grief, we decided to come here to prevent other families from the same tragedy," his father, Victor Yelchin, said in tearful remarks to reporters.

The automaker said in a statement it had not been served with a lawsuit and declined to comment on it, but expressed its "sympathies to the Yelchin family for their tragic loss."

The National Highway Traffic Safety Administration has said that the gear selectors in question clearly pose a safety issue that has led to hundreds of crashes and dozens of injuries.

The agency has said testing of the electronic shifter found it "not intuitive and provides poor tactile and visual feedback to the driver, increasing the potential for unintended gear selection."

The recall applies to 811,000 vehicles in the United States, covering the 2014-2015 model years of the Jeep Grand Cherokee sport utility vehicle and 2012-2014 Dodge Charger and Chrysler 300 sedans.

The problem has been tied to at least 68 injuries, 266 crashes and 308 reports of property damage. Yelchin's death marked the first known fatality linked to the issue.

The company has said rollaways occurred because drivers mistakenly believed they had placed the vehicles in park, and neglected to set the emergency brake, before getting out. The Italian-American automaker announced in June that it would soon furnish software upgrades to address the problem in all recalled vehicles. REUTERS

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Once crippled with knee pain, they are playing golf again, dancing again, riding bikes again and going for long walks again.

But We Do Get
One Very Common Complaint

And it is: *"I wish I started this treatment much sooner."* Let's be very clear about this. Time is the most precious thing. There is no way to slow it down - or get any back once it is gone.

All the more reason for you to not suffer even one more second than you have to. Missing life suffering in pain is a tragedy. Isn't it time for you to get rid of your knee pain and start living the life you want and deserve?

And please understand this: One of the keys to success in medicine is early diagnosis and treatment. Like many diseases, arthritis only gets worse over time. The longer you wait - the more damage to your knee and eventually- the more pain. If you wait "past the point of no return", the entire knee joint can be degenerated and your ONLY option will be total knee replacement.

If you are suffering with knee arthritis pain, here is why you should act NOW: When you have arthritis, you suffer a decrease in the lubricating fluids in your knee. In other words, your knee joints basically *"dries up."* The lubricating fluid that decreases is called *"synovial fluid"*. Pharmaceutical companies can now make synovial fluid-like compounds that... during treatments... doctors precisely and directly apply these gel-like medicines into the knee joint. This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating pain.

be why.

In fact, by using Precision Arthritis Targeting Technology, ***NY Pain MD*** doctors are able to double confirm the precise placement of the arthritis medicines used. This is to help ensure patients get the best possible results.

Another Important Factor

Viscosupplementation medications also come in several different brands and chemical make-ups. Just like all medications, some people respond better to some than others. While many doctors only use one type or brands, the experts at ***NY Pain MD*** use several and great effort is taken to figure out which is best for YOU.

What To Do Next If You Are In Pain
Your Special Invitation

NY Pain MD offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get their questions answered and find out if they are a candidate for one of the cutting-edge treatments offered at ***NY Pain MD***.

For a complimentary screening, call 800-227-KNEE. The screenings fill up fast every month. This screening is no cost and there is no further obligation. Call 800-227-KNEE to schedule your screening. Many of the procedures offered at ***NY Pain MD*** are often covered by many insurance plans, union plans work comp and even Medicare. Call to schedule your screening * 800 2 2 7 KNEE

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I just go right to the golf course. I'm able to keep up with these guys who walk - I'm right next to them! My guys on the golf course would say Hey, look at this he doesn't need us to put the ball up any more.

When I'm playing on the course I don't have any pain any more I don't have any aches and pain.

I'm out there playing!

"I feel like a new woman"

I came to the clinic because I was not sleeping at night. My leg was pounding. There were times when I sat too long the knee would tighten up. I would get in pain and I would be miserable and I would have it for the whole night. **After the treatment I goof around with my grandchildren. I feel like a new woman.** It's great. I know I don't have to sit on the couch and be in pain and I can just pick up and get dressed and go out. It was so gentle.

It got to the point where I couldn't stand up for a period of time and I knew something had to be done about it. You walk into the doctors office - he puts your leg in a machine - he shows you where he is going to do the procedure and before you know it... it's done and you're outta there. Now I'm able to take out my bicycle a couple of the guys and myself we took a couple of rides out in the woods and we had a good time and ***I couldn't do that for years and now I'm able to do it again.***

The pain was excruciating like 24/7. Nothing I took over-the-counter would work so I knew it was something more serious. When I saw that my condition was not getting any better, I decided to do something about it and I immediately made an appointment - I went and started treatment. **The feeling of getting back to my dancing and my mobility is indescribable. I feel like a new woman - It's amazing.**

"I am ecstatic with the results of this procedure"

One day, as I was running, my knee got tighter and tighter. I had to stop and just walk home. They x-rayed me and said I was a candidate for it. You sit there for about 2-3 minutes and then you are up and walking out the door. I am ecstatic with the results of this procedure because I could not run just weeks before. I ran my race without any issues. I felt good - it just opened a door that was closing.

"I Can Finally Live My Life"

Prior the the relief center I was taking (9:30) and I was becoming addicted to it and it was damaging my health. Since the treatment, I've been able to be less dependent on them. I don't feel helpless anymore. **Since going through the procedure I can finally live. I can finally live my life.**

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THOUSANDS of knee arthritis sufferers flock for this advanced medical treatment - How they relieved pain while so many continue to suffer

Knee Arthritis Pain: The Untold Story

Why patients come from all over the Tri-State area for this knee arthritis pain treatment and why waiting can decrease your chance to live a pain free. life again

By Matt Edgar - America's Health Writer

NY Pain MD, a center for Non-Surgical Medical Relief For Spine And Joint Pain Relief, **is a medical clinic with multiple locations in New York City that has treated thousands of knee arthritis patients. Here is what every knee arthritis sufferer should know about the best treatments and options available today. And why waiting can drastically decrease your chances to live a pain free life again.**

The information you are about to read can possibly save you from years and years of agonizing knee pain. It might even keep you from getting total knee replacement surgery. *Please pay careful attention.*

What you are about to read is a cutting-edge medical treatment... but it is NOT what it appears to be at first glance. In fact, I'm going to have to ask for a bit of patience from you if you have already ***unsuccessfully*** tried any (or many) other knee arthritis pain treatments.

You see, many knee arthritis sufferers had already tried what seemed to be similar treatments to what we are going to talk about and *did not get the results they wanted.* But I assure you there is something VERY DIFFERENT about the technology and the way we do this treatment that can possibly make it much more effective for many … and it often gets results when many others have failed.

This is why patients come from all over the tri-state area and beyond to have their knee arthritis pain treated here.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. In fact, it is impossible to predict results and there are no statistics proving what the *"average"* patients can expect. Everyone is individual and gets individual results - so we never tell anyone to expect the same results as any of our other patients. **But to be 100% clear** - many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years .. or even permanently cancel it.

What Are Treatments Like?

Treatments are simple, fast and virtually painless. The total time of the procedure itself is only 10 minutes and most say it is like getting a flu shot. You walk out of the clinic just minutes after your procedure.

But There Is A BIG Problem

The key is the treatment must be EXTREMELY PRECISE. Often ignored by many other clinics, if the procedure is just slightly off, the medication will not get into the knee joint and the treatment will not work.

That's why the experts at ***NY Pain MD*** use what they call "Precision Arthritis Targeting Technology" or **P.A.T.T.** so they can see the medicine going directly into the knee joint - in live motion- during the treatment.

Research shows that doctors performing procedures without Precision Arthritis Targeting can miss the joint as much as 30% of the time. If you had viscosupplementation (or Stem Cells or PRP) without the exactness of P.A.T.T. and did not get good results - this may

"I cannot ask for better results"

Dr. Stanley Weiner, M.D. - Surgeon

I had (replacement) surgery scheduled last year. Three months before I made an appointment .... I was amazed at the ease with which I was evaluated and the treatment schedule implemented. **The results I had at *NY Pain MD* were outstanding. I cannot ask for better results.** After the treatment I was able to go back to work with no discomfort at all. They use a digital monitor to locate the space that they use the treatment for and it's .. it's like exact science. ***Dr. Stanley Weiner MD***

"Hey this feels terrific"

I was diagnosed bone on bone about 2 years ago I went to see an Orthopedic Surgeon and he said my knees were shot and I need to get them replaced. The NY Pain guys said after looking at x-rays they could help. **That procedure is so basic so simple so quick in 15 minutes you are in and out.** When I got up out of the chair I stood up and I said, ***"Hey this feels terrific."***

"I don't have any pain any more"

After I had the treatments .. the last tuneup ..

"I feel like a new woman -It's amazing."

the word

The most cringeworthy moments of 'The Bachelorette'

In a rather predictable ending to the "most dramatic season ever," "Bachelorette" Jojo Fletcher chose flaky football player Jordan Rodgers as her partner for life. Sorry, #TeamRobby.

It was a lackluster ending, but the rest of the season was full of twists and surprises. Here are some of this season's finest — and most cringeworthy — moments.

Chad expands his little black book after he gets the boot

After he was eliminated, Chad posted a photo of himself locking lips with finalist Robby Hayes' ex-girlfriend and later alluded to also hooking up with contestant Grant Kemp's ex. Chad's enigmatic response didn't quell any anger: "All I can say is, they're both beautiful women."

Jordan's cheating controversy

Jordan's ex Brittany Farrar took to Instagram shortly after the season premiere to accuse the front-runner of cheating on her. Farrar wrote, "Riding the bench doesn't get in the way of a relationship, but cheating does," even tagging ABC in the biting post. Though Jordan has denied the allegations, rumors are still swirling.

DJ Wells keeps on snapping

After Wells Adams' elimination, he didn't cry into a pint of ice cream. Instead, the radio DJ turned heartbreak into gold while drunkenly Snapchatting a "Bachelorette" episode live from his couch. With witty insults and boyish charm, move over DJ Kahled, Wells might be the best thing on Snapchat.

ALL PHOTOS GETTY IMAGES

Zac Efron joined Tinder, but nobody swiped right

Is the world ending? Did we miss something? How can nobody swipe right for Zac Efron on Tinder? The only explanation would be that all the single ladies automatically assumed it was a fake profile because, let's be real, why would this chiseled-abbed hunk *ever* need to use Tinder?

Supposedly, Efron is single and searching for the perfect gal to take on a date. Unfortunately, our assumptions were right. The "Baywatch" babe told the U.K.'s The Times, "Amazingly, when I signed up for Tinder, nobody swiped me! They thought [my profile] was fake." He also concluded, "Dating is something I'll never be able to do." Sad face!

Winona Ryder revisits that time she shoplifted

In the upcoming issue of Porter magazine, Winona Ryder opens up about the most infamous thing to happen to her since she ruthlessly murdered a clique of high school girls, each of them named Heather.

Except that was just a movie.

"Psychologically, I must have been at a place where I just wanted to stop," the "Stranger Things" star says of that time she was busted for shoplifting from Saks Fifth Avenue in 2001.

"I won't get into what happened, but it wasn't what people think. And it wasn't like the crime of the century! But it allowed me time that I really needed, where I went back to San Francisco and got back into things that … I just had other interests, frankly."

Bieber is Team Yeezy

In the feud that keeps on giving, another celebrity has taken sides in the T. Swift vs. Kimye debacle: Justin Bieber is clearly Team Yeezy.

The singer posted a screenshot of himself Facetiming with Kanye West to his Instagram sometime early Tuesday morning with the caption "Taylor swift what up."

There hasn't really been any beef between Swift and the Biebs in the past, except perhaps for when she'd make faces at Bieber and ex-girlfriend Selena Gomez kissing — but, you know, who wouldn't?

Gomez already pledged her allegiance to Team Swift after the Snapchat Heard 'Round the World went viral. (In case you've been living under a rock: In it, Swift is heard on the phone with West, seemingly agreeing to the controversial lyrics about her in his song "Famous.")

Are Bieber's actions simply just to dig at Swift, or is he reminding us of his loyalty to West, with whom he collaborated on a remix of "Runaway Love" in 2011? He may have been late to the party, but he certainly brought it back to life.

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2 bedroom	$647	5	→	2 people	🧍🧍	$23,589 - $29,000
				3 people	🧍🧍🧍	$23,589 - $32,640
				4 people	🧍🧍🧍🧍	$23,589 - $36,240
3 bedroom	$745	1	→	3 people	🧍🧍🧍	$27,395 - $32,640
				4 people	🧍🧍🧍🧍	$27,395 - $36,240
				5 people	🧍🧍🧍🧍🧍	$27,395 - $39,160
				6 people	🧍🧍🧍🧍🧍🧍	$27,395 - $42,040
Studio	$788	6	→	1 person	🧍	$28,355 - $38,100
1 bedroom	$847	16	→	1 person	🧍	$30,412 - $38,100
				2 people	🧍🧍	$30,412 - $43,500
2 bedroom	$1025	18	→	2 people	🧍🧍	$36,549 - $43,500
				3 people	🧍🧍🧍	$36,549 - $48,960
				4 people	🧍🧍🧍🧍	$36,549 - $54,360
3 bedroom	$1182	5	→	3 people	🧍🧍🧍	$42,378 - $48,960
				4 people	🧍🧍🧍🧍	$42,378 - $54,360
				5 people	🧍🧍🧍🧍🧍	$42,378 - $58,740
				6 people	🧍🧍🧍🧍🧍🧍	$42,378 - $63,060

* Rent includes gas for cooking.
** Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.
*** Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

How Do You Apply?
Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope to: Summit Ridge, 87-14 116th Street, Richmond Hill, NY 11418**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?
Applications must be postmarked or submitted online no later than **October 7, 2016**. Late applications will not be considered.

What Happens After You Submit an Application?
After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

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简体中文
访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至：**Summit Ridge, 87-14 116th Street, Richmond Hill, NY 11418**。信封背面请用英语注明"CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请 **2016年10月7日**.

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한국어
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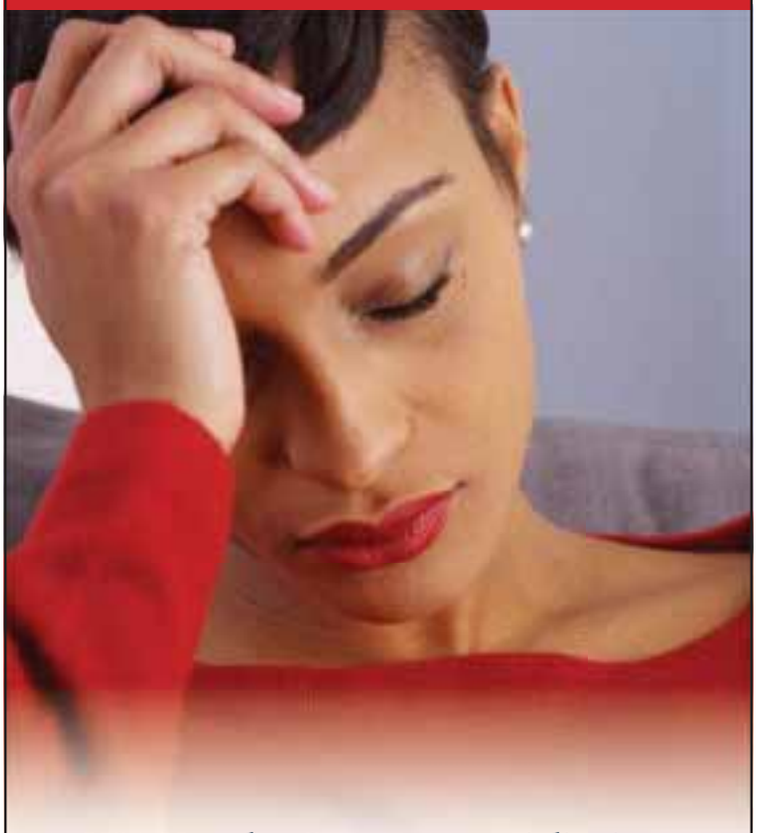

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Frankie Cosmos is at true product of the internet. MATTHEW JAMES WILSON

Figuring out Frankie

Frankie Cosmos on growing up and finding opening acts on Bandcamp.

NINA JOUNG
@MetroNewYork
letters@metro.us

Some people start a blog just to get their feelings out, but never expect anyone to read it. When Greta Kline began recording songs from her bedroom and self-releasing them online, people actually listened.

Born in New York City and the daughter of actors Kevin Kline and Phoebe Cates, Kline created Frankie Cosmos as an alias to release her bedroom recordings on Bandcamp. The indie artist released her first album as Frankie Cosmos, "Zentropy," with her backing band in 2014, and the album was named New York magazine's No. 1 Pop Album of 2014. Two years later, Kline released her second album, "Next Thing" last April and is now starting her U.S./Europe summer tour.

This witty-but-sweet singer-songwriter got into the DIY music scene at a young age and has used its intimate community to connect with other artists and throw out her thoughts on the mundane and heavy questions in life for anyone who will listen.

What got you interested in the all ages DIY music scene?

I guess it's pretty different now [than] when I was a kid. There were quite a few all ages venues in New York that were cool, and there was a newspaper that listed all the shows. I feel like I had a really good time getting into the music and meeting cool people. [Now,] a lot of the venues closed. There's a smaller scene that's maybe harder to find your way in. I probably wouldn't have known about the cool stuff going on if it weren't for my brother [Owen Kline].

Any DIY music artist that you're interested in currently?

This tour, we got to pick the opening acts for the shows, so I've been looking up [the] Bandcamp listing at each location. It's been really fun to play shows with people I got into randomly. The tour in April, we took Yowler and Anna McClellan as opening solo acts … I basically meet everyone through friends and going to places and the internet.

In your song "Too Dark," you ask, "Do I belong?" a question I think a lot of young adults ask themselves. How much of "Next Thing" describes a turning point in your adult life?

I feel a lot of this album is describing [a turning point]. I feel like I'm always at a turning point in my life. [Laughs] I wrote it all when I was in an interesting place emotionally and having a lot of questions about life.

Did your family influence your interest in music or performing?

I took piano lessons when I was younger and that was my dad's [influence]. I don't think I wanted to perform at all until I saw my brother perform in high school. He's had more of an influence than my parents.

Anything you want to add about the tour?

I'm really pumped about the Bowery Ballroom concert — that's a real New York moment for me.

If you go

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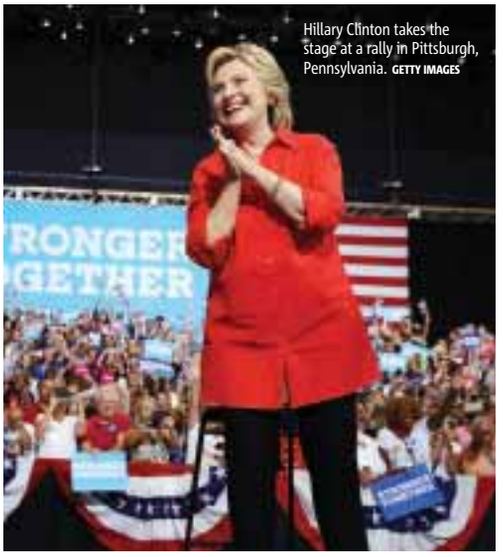
Hillary's nomination is great for women

Geek Girl in Hollywood

JENNA BUSCH
legionofleia.com



Hillary Clinton takes the stage at a rally in Pittsburgh, Pennsylvania. GETTY IMAGES

I don't want to make this about politics. If you read my column regularly, you probably know where I stand. What I want to talk about is history being made.

This past week, Hillary Clinton became the first woman nominated by the Democratic Party to run for president of the United States. And for the first time, little girls can say, "I can be president, too."

I wasn't home during all the speeches. I was getting snippets on my phone and crying unabashedly in the car on the way home. I listened to Michelle Obama's beautiful speech. I heard a woman accept the nomination.

I saw my sister's posts about it on Facebook. I knew how her young daughter could aspire to this office someday. Heck, I'm getting choked up while writing this. Whether you like her or not, whatever your politics, this matters.

Last week, I wrote about what it meant for me to see the trailer for "Wonder Woman" on the big screen when they showed it at San Diego Comic-Con. I wrote about how as a little girl I dreamed of being a superhero.

I wrote about how the next generation could aspire to be greater because of her. This week, they can finally dream of being president (with some actual hope of achieving it). It isn't just the cover of Ms. Magazine in 1972 — the one with Wonder Woman on the cover and the line, "Wonder Woman for President." It's a real woman.

I hear the comments already. "You should just vote for the best person for the job." Yes. That is indeed true. (Though I think most intelligent people would probably argue that between the two candidates, she's the one.) True or not, the fact that we're able to vote for her at all is the thing I'm celebrating here.

After years of battling to ensure women's voices are heard in the geek world, after years of dealing with harassment for being a woman who dares to write about video games, after watching women's rights being attacked over and over again all over the country, something like this reminds me why we fight. It reminds me of all the sacrifices women have made over the years to gain our rights.

We continue to fight, on a small battlefield in our homes, on our computers, in the toy sections of stores — or on a large battlefield casting our votes, serving in the military or standing in protest. We continue to fight because, sometimes, we win.

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home

Vallentuna series

No one has space for a guest room anymore. These comfy modular sections — which act as seating or can be put together for a bed— are so much classier than a blow-up mattress. And talk about double duty: They also open up for storage and come in a variety of colors and prints for mix-and-match fun. **$1,110 FOR THREE SEATS**

LOVE WHERE YOU LIVE

New Ikea products we need

While we may not devour magazines like we used to, the Ikea catalog ignites the type of excitement we reserve for, say, a September issue of one of our favorite fashion bibles. The Swedish furniture giant is set to release its 2017 lookbook Aug. 8, in addition to a digital version and new shopping app Aug.15. But we had a sneak peek of the offerings, and we're in love. Here's what we are lining up for— see you in the cafeteria for victory meatballs. **TINA CHADHA**

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The estate offers mountain views. **ALL COURTESY OF DOUGLAS ELLIMAN**

Inside Look: Fantasize about moving to Woodstock?

While the Hamptons is notorious known as a playground for the wealthy — Woodstock, New York, has its fair share of celebrities.

The area — which will forever be associated with the '60s music festival that actually ended up happening in a nearby town — still has the same hippie vibe of that era.

The views of the Catskill Mountains and natural setting also make the town attractive to artists of all types and anyone looking for a relaxing getaway.

Though it's easy to find more land and house for your buck here than in New York City — Woodstock still boasts luxurious properties.

Take, for example, the $5.25 million Hughenden estate for sale by the Artists Rights Enforcement, a legal group that helps get back royalties for artists.

The listing takes the term "compound" to a whole level, with 24-acres, three homes, an artist's studio and private athletic club.

Located just a five-minute drive from town and 100 miles from Manhattan, it features open views of the Catskill Mountains, an outdoor saltwater pool, an indoor heated swimming pool and both outdoor and heated indoor tennis courts.

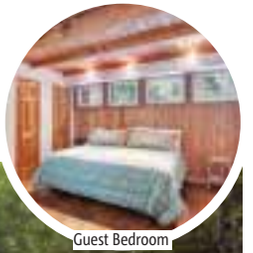
The "main house" has 10 rooms, including a screening room, art gallery and game room; and the "stone house" has seven rooms as well as a three-car detached garage.

A smaller "guest house," designed and built by iconic Woodstock architect Cary Cook, provides a screened-in porch and lofted master suite.

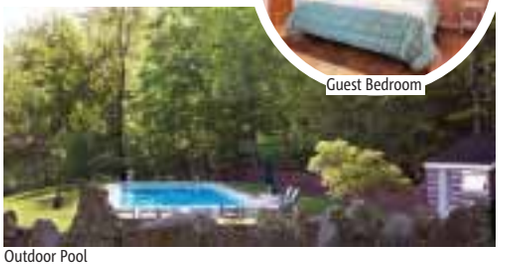
The athletic club may be the real attraction, with a retractable roof and heated 40-foot indoor swimming pool. There is also a sundeck and bar with a wood-burning fireplace, an indoor heated tennis court, and men's and women's full locker rooms.

"Recording artists and producers will find the secluded compound a great destination to record music undisturbed and allow those creative juices to flow," its listing from Douglas Elliman reads.

CRISTABELLE TUMOLA



Guest Bedroom



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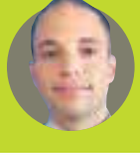
Ryan Mathews rushed for 539 yards on 106 attempts last season. GETTY IMAGES

FANTASY FB: THE ZERO RB STRATEGY

ADAM LEVITAN

FANTASY SPORTS

Adam Levitan is a Fantasy Sports columnist for Metro US. He is also a DraftKings analyst and co-host of The Daily Fantasy Football Edge podcast. @AdamLevitan



By now, you've likely heard of the drafting strategy known as "zero RB." It involves selecting no running backs through at least the first four rounds of your draft, instead choosing to load up on other positions.

It works because running backs have the highest injury rate and raw talent isn't worth as much as opportunity. Thomas Rawls, DeAngelo Williams, David Johnson, Jeremy Langford and Charcandrick West were among the 2015 runners that came off the wire and helped carry the zero-RB crowd to glory.

Still, we need to go into the draft with a plan for the running back position. Here are some midrounders with upside to target:

Lat pulldowns

Latavius Murray was not very good last year, ranking 33rd among 50 qualifiers in fantasy points per opportunity. But he did receive a whopping 72.8 percent of the Raiders' running back touches and tied for the league lead by handling 81.8 percent of his team's carries inside the 5-yard line. Since then, the Raiders have only added undersized fifth-rounder DeAndre Washington to their backfield. So we can expect another big market share for Murray, this time with free agent pickup LG Kelechi Osemele helping to form one of the league's best offensive lines. He's an ideal fifth-round pick for owners who start their draft with four wide receivers.

More mid-round RBs

- **Matt Jones, Redskins** — Alfred Morris is gone, giving Jones first crack at the lead back job in a sneaky elite offense.
- **Charles Sims, Bucs** — Doug Martin only plays on early downs, meaning we can expect a lot of catches again for Sims. He graded out as PFF's No. 1 RB last year.
- **Duke Johnson, Browns** — New head coach and run-game specialist Hue Jackson will maximize the truly electric skills of Johnson.

Philadelphia freedom

Ryan Mathews has averaged a strong 4.47 yards per carry during his six-year NFL career. He ran circles around DeMarco Murray last season, giving the Eagles enough confidence to dump Murray and only add fifth-rounder Wendell Smallwood in the draft. Mathews will also play in the RB-friendly Doug Pederson/Andy Reid scheme that made West, Jamaal Charles and Spencer Ware fantasy studs in Kansas City. Yet Mathews is consistently available in the fifth or sixth round of fantasy drafts solely because of his checkered injury history. It's a risk worth taking, as Mathews' injuries are not of the lingering variety.

Old man river

Frank Gore breaks every aging curve. Now 33 years old, he hasn't missed a game since 2010 and continues to play at a high level. Last year's stats are deceiving, as the entire offense went in the tank with Andrew Luck only playing seven games. This year, Gore will be the unquestioned feature back and goal-line option on a team that projects among the league leaders in points per game. He's a high-floor pick in the seventh round or so.

Kyrie Irving got his basketball start in West Orange, New Jersey. GETTY IMAGES

NJ's Irving looks for gold medal to place next to NBA ring

Kyrie Irving declined to play for Australia in 2012.

JASON DEVANEY
@Jason_Devaney1
sports@metro.us

Kyrie Irving is a walking factoid.

Did you know he was born in Melbourne, Australia, and that his dad was a pro hoops player Down Under?

Did you know he was the No. 1 pick in the NBA draft, and that he won the recent NBA championship with the Cleveland Cavaliers?

And did you know he grew up in West Orange, New Jersey, played at Duke University for one year and now lives in Cleveland?

The list is endless, but here's the most current and timely factoid: Irving is leading Team USA at the Rio de Janeiro Olympics, which officially kick off Friday night with the opening ceremony.

"This is a unique opportunity that you have to take full advantage of," Irving said after a recent practice in Houston before the team departed for Rio.

Irving postponed his Olympic debut by four years because he wanted to represent his home country at the games, not his birth country. He was on the shortlist to play for Australia at the 2012 Olympics in London, but he declined and decided to pursue a spot on Team USA for Rio.

Turns out that decision was a good one, at least for American basketball fans. Irving has absolutely shined in his short NBA career, scoring 20.8 points per game, dishing out 5.5. assists per game and making 86.5 percent of his free throws over his five years in the league.

Irving's numbers have earned him three All-Star team selections, rookie of the year honors, a three-point shootout title and of course an NBA title with the Cavaliers in June.

He also played for USA head coach Mike Krzyzewski during his one year at Duke — which he cut short in order to enter the NBA draft — so he's familiar with the legendary coach's style.

Irving's first taste of playing on the U.S. national team was in 2014 during the FIBA World Cup, in which he was named tournament MVP as he helped the U.S. win the two-week tournament that's contested every four years.

Twenty-four months later, Irving is getting another shot at helping his home country win something big — in this case a shiny gold medal.

Irving is one piece of the Cavaliers' Big Three, along with LeBron James and Kevin Love. The trio was formed before the 2014 season when James returned to the Cavaliers and Love was traded from Minnesota. That season, Cleveland finished second in the Eastern Conference and lost to the Golden State Warriors in the NBA Finals. They made up for the defeat this year by bringing Cleveland its first ever NBA title in its 46-year history.

"Moving from one thing to the next, but it's just going to be great going for gold," Irving said. "Being a part of something bigger than myself.

"It'll go by fast and I just really try to really, really relish in every single moment and enjoy every moment with these guys."

Irving and his Team USA teammates will play China Saturday at 6 p.m. Eastern Standard Time in Rio. With any luck, Irving will add a few more factoids to his resume when the tournament ends later this month.

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NOTICE OF FORMATION of Amabel LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on January 11, 2016. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 400 East 64th Street, Apt. 5C, New York, NY 10065. Purpose: any lawful activity.

NOTICE IS HEREBY GIVEN that a license, Number 1293039, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 185 Ave. C, New York, NY 10009, for on-premises consumption. TBI Manhattan Corp.

NOTICE IS HEREBY GIVEN that a license, Number 1295294, for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 212-30/32 48th Ave., Bayside, NY 11364, for on-premises consumption. Guo Ba Inc.

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NOTICE OF FORMATION of PRIME ROYALTY LLC. Articles of Organization filed with the Secy. of State of New York(SSNY)on04/11/2016. Office location: Kings County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 587 East 86th Street, Brooklyn, NY 11236. Purpose: Real Estate Investing.

East Harlem Scholars Academy I and II are requesting bids for a food service management company for 2016-17. Bids due August 10, 2016 by 4:00pm at 1573 Madison Ave., New York, NY 10029. Bid opening will occur at this time. Contact echatelain@sfwgroup.org for a copy of the IFB.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Beer, Liquor, Wine & Cider has been applied for by the undersigned to sell Beer, Liquor, Wine & Cider at a retail event space in a seasonal establishment under the Alcoholic Beverage Control Law at 42nd Street & Bryant Park, New York, NY, for on premises consumption. Daniel Meyer on behalf of Hudson Yards Sports & Entertainment LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1296348, for On Premises Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 1198 1st Ave., New York, NY 10065, for on-premises consumption. Oaxaca First Ave LLC.

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NOTICE IS HEREBY GIVEN that a license, Number 1296153, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail under the Alcoholic Beverage Control Law at 480 62nd Street, Brooklyn, NY 11220. Kngs County, for on-premises consumption. J Soto Management LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1296196, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 33 Greenwich Ave., New York, NY 10014, for on premises consumption. BLF Big Apple LLC.

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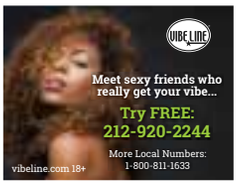

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Across

1 Value
6 Primitive craft
10 Dallas hoopsters
14 Socrates' hangout
15 They often clash
16 "— — Around"
17 View from Everest
18 Entice
19 Irene of "Fame"
20 Like fish and chips (hyph.)
22 Object
23 Pirate's booty
24 Pagodas and lamaseries
26 Wedding rental
29 Stiff and sore
31 31-day mo.
32 That yacht
33 Hairy humanoid
34 Footer's cousin
38 Groan causers
40 Embroider
42 Wine's bouquet
43 Molded
46 Bard's tragic king
49 Mr. Quayle
50 Bottle cap
51 Cartoon chipmunk
52 Belly dance instrument
53 Calgary's province
57 Legionnaire's cap
59 Fess Parker played him
60 Night's end (2 wds.)
65 Exiled Roman poet
66 Coconut exporter
67 Cliffside refuge
68 Ricky Ricardo
69 Turkey neighbor
70 Comes ashore
71 Checked out
72 Freighter hazard
73 Winter forecast

Down

1 Conductor's baton
2 Pointed arch
3 Snag a dogie
4 Pitfalls
5 In-between
6 Fixes the pilot
7 The chills
8 River crossings
9 Mao — -tung
10 One of H.O.M.E.S.
11 A second time
12 Jules of sci-fi
13 Male deer
21 Hotfoot it
22 Bona fide
25 Nasty laugh
26 Recipe amts.
27 Nope (hyph.)
28 Lucy Lawless role
30 Traffic sign
35 Long-gone bird
36 Hairy twin
37 Split apart
39 Dazzling
41 Fraidy cat, maybe
44 Patrick's domain
45 Banned bug spray
47 Porter and stout
48 Abolishes
53 Shack or mansion
54 — -dovey
55 Oregon Trail town
56 Really excited
58 Flawless
61 Barely open
62 "Rule, Britannia!" composer
63 Roomy
64 Wildlife shelter
66 Harmless lie

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easy

		6				8		5
					9			
4				7	5	2		3
6	4			5				
5		8	2	6	3	4		7
				8			6	9
7		3	1	2				6
			5					
8		9				1		

hard

	2	4	9		8			
3		1	2					
9			1	3				
		6		7	5			1
		3				7		
5			3	1		4		
				2	3			7
					4	8		9
			7		1	5	6	

metro.us/horoscopes

Aries Put travel plans into play. Set your itinerary and put together a budget that will allow you to enjoy the most important aspects of your trip. Romance is encouraged.

Taurus Use your voice to bring about positive change. A solution or suggestion you offer will be met with interest. Travel and learning will complement one another.

Gemini Travel will encourage new friendships. Participate in activities that bring out the best in you. Put your needs first and let your actions speak for you.

Cancer Expand a personal pleasure and clear a space at home to motivate you to follow through. Show off your uniqueness and you'll attract someone as special as you.

Leo Don't wait for others do to things for you. Bring about positive changes at home or to you personally and reap the rewards. Love is in the stars.

Virgo Take in a movie or kick back with someone you enjoy spending time with. Share your thoughts and make an offer to someone that will encourage a vacation.

Libra Having a purpose will lead to personal growth. You will gain stability if you use your skills to help others. A positive change with regard to a relationship looks promising.

Scorpio You'll be caught between a rock and a hard place when it comes to satisfying your personal and professional desires. Use your time wisely.

Sagittarius Set your plans according to what's possible. If you take on too much, you will fall short on all counts. Look for truth and facts, not fast talk and persuasive tactics.

Capricorn Do your homework and you'll get exactly what you want. A last-minute alteration will play on your emotions. Stay true to your decision regardless of what others do.

Aquarius Demonstrate exactly what it is you want and expect from others and you will bypass dilly-dallying that accomplishes little. Your ability to adapt will help you.

Pisces Your talents will be recognized but also scrutinized. Be ready to handle anyone who acts out of jealousy. You've worked hard, and you deserve to reap the rewards. **EUGENIA LAST**

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